CRM LESSON PLAN REPORT

ASSESSMENTS (BASIC) 071-FRGAC001 / 02.0 ©

Approved 30 Apr 2018

Effective Date: 30 Apr 2018

SCOPE:

During this period of instruction, students will be evaluation on their ability to perform the Option 3 Drill, Technical Evaluation and the React to Contact Drill evaluation as a requirement for successful graduation.

Distribution Restriction: Approved for public release; distribution is unlimited.

Destruction Notice: None

Foreign Disclosure: FD1 - This training product has been reviewed by the training developers in coordination with the G2, MCoE and Fort Benning GA 31905 foreign disclosure officer. This training product can be used to instruct international military students from all approved countries without restrictions.

SECTION I. ADMINISTRATIVE DATA

| All Course Masters/POIs Including This | Courses | | | | | |
|----------------------------------------------|-------------------------|--------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------|------------------------------------------|---------------|
| Lesson | Course Number | Version | <u>Title</u> | | <u>Phase</u> | <u>Status</u> |
| | None | | | | | |
| | POIs | | | | | |
| | POI Number | Version | Title | | Phase | <u>Status</u> |
| | 9E-F10/950-F6 (MC) | 02.0 © | Basic Combatives | | 0 | Analysis |
| ask(s) aught(*) or supported | Task Number | Task | <u> </u> | | Stat | us |
| Reinforced Task(s) | Task Number | Task ¹ | <u> Fitle</u> | | Stat | us |
| Knowledge | Knowledge Id | | <u>Title</u> | | Taught | Required |
| | 071-CMD-0049 | Pr | oblem Solving Techniqu | es | No | Yes |
| | 071-OPN-0017 | | Safety Procedures | | No | Yes |
| | K7613 | Conside | erations for delivery of in | struction | No | Yes |
| | K26154 | Apply learning | g theory styles within an environment | adult learning | No | Yes |
| Skill | Skill Id | | Title | | Taught | Required |
| | 071-CMD-0017 | | Instill the Will to Win | | No | Yes |
| | 805P-S-0115 | Follo | ow Army regulatory guid | ance | No | Yes |
| | S0411 | | to practice safety at all | | No | Yes |
| | S2032 | - | plying critical thinking sk | | No | Yes |
| Administrative/ Academic | The administrative/aca | ademic (50 min |) hours required to teach | n this lesson are | as follows: | |
| Hours | Academic | Reside | nt Hours / Methods | | | |
| | Yes | 5 | hrs 10 mins | ELM - App | olv | |
| | Yes | | hrs 10 mins | | n (Small or Large | Group) |
| | | | | | | |
| | Total Hours(50 min): | 5 | hrs 20 mins | | | |
| Action | | | hrs 20 mins | son are as follov | vs: | |
| Action | | 60 min) hours r | | son are as follov | vs: | |
| Action | | 60 min) hours r | required to teach this les | | vs: n Breakdown | |
| Action | | 60 min) hours r <u>H</u> 0 | required to teach this les | | n Breakdown | |
| Action | | 60 min) hours r <u>H</u> 0 0 | required to teach this lessons Hours/Actions hrs 10 mins | Classroon Classroon Grade Paj | n Breakdown n Setup per | |
| Action | | 60 min) hours r <u>H</u> 0 0 1 | required to teach this less lours/Actions hrs 10 mins hrs 10 mins | Classroon Classroon | n Breakdown n Setup per | |
| Action | | 60 min) hours r H 0 0 1 | required to teach this less Iours/Actions hrs 10 mins hrs 10 mins hrs 30 mins | Classroon Classroon Grade Paj | n Breakdown n Setup per | |
| nstructor Action Hours | The instructor action (| 60 min) hours r H 0 0 1 2 | required to teach this less Cours/Actions | Classroon Classroon Grade Paj | n Breakdown n Setup per e-train | |

| Prerequisite Lesson(s) | Hours L | esson Number Version | Lesson Title | |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|--------------------------------|
| | None | | | |
| Training Material Classification | Security Level: This course/less | son will present information that ha | as a Security Classification of: U - | Unclassified. |
| Foreign Disclosure Restrictions | FD1. This training product has t Benning GA 31905 foreign disc students from all approved cour | peen reviewed by the training devolosure officer. This training produntries without restrictions. | elopers in coordination with the G ct can be used to instruct internati | 2, MCoE and Fort onal military |
| References | Number | Title | | Date |
| | AR 350-1 | ARMY TRAINING AN | ID LEADER DEVELOPMENT | 10 Dec 2017 |
| | ATP 3-34.5 | Environmental Consid | derations | 10 Aug 2015 |
| | ATP 5-19 (Change 001 09/08/20 Pages) | 014 78 RISK MANAGEMEN | | 14 Apr 2014 |
| | TC 3-25.150 | Combatives | | 31 Mar 2017 |
| | TC 3-34.489 | The Soldier and the E | nvironment. | 08 May 2001 |
| Student Study Assignment | Student Study Assignments defined: 1. StudyMaster the details of the subject and fix them in your mind through application of the study process (survey, question, read, review, and recite). Prepare to test on the subject (orally, written, and/or performance). 2. ReadBe proficient in the subject for discussion in the classroom. Prepare to take one or more practical exercises on the subject (orally, written, and/or performance). 3. ScanBe familiar with the topic(s). Read the topic sentence of each paragraph. Prepare to participate in checks on learning during classroom discussion (orally, written, and/or performance). 4. ReviewReview is used for material previously discussed in class. Review all notes, Advance Sheets, and any material related to the class as applicable. Students will be responsible for all material presented during the course thus far. | | | |
| Instructor Requirements | Primary instructor must be a garantee Tactical Combatives graduate | graduate of the Combatives Maste or a CMTC graduate. | er Trainer Course (CMTC) and the | e alernate instructor |
| | 2. Completion of the Common F | caculty Development Program-Ins | tructor Course (CFDP-IC). | |

Student Ratio Man Hours

Qty

Support Personnel Requirements

Additional Support Personnel Requirements None

Name

None

| Equipment Required for Instruction | ID - Name | Student Ratio | Instructor Ratio | Spt | Qty | Exp |
|------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|------------------|---------------------|-----|-----|-----|
| | 4110-01-485-3548 - Chest, Ice Storage, White, 162 Quart Capacity Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 4120-01-481-6048 - Cooler, Air, Evaporative Remarks: | 2:36 | 0:0 | No | 0 | No |
| | 4470-01-359-2799 - 1050 Notebook, Special Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 6515-01-541-8147 - SUPPORT,CERVICAL Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 6530-00-405-5391 - Litter-Splint, Extrication, Metal, Carrying Case, with Zipper, Adjustable Strap Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 6530-01-380-7309 - Litter, Folding, Rigid Pole 91.60 Inches Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 6530-01-464-4424 - Pad, Cooling, Chemical, Instant, Non-Toxic, Non- Caustic, 5 X 8 Inch Remarks: | 6:36 | 0:0 | No | 0 | No |
| | 6545-01-572-9963 - Medical Equipment Set Combat Lifesaver Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 6645-00-126-0286 - Stopwatch Remarks: | 6:36 | 0:0 | No | 0 | No |
| | 6685-01-590-1047 - Monitor, Heat Stress: Questemp 44 Remarks: | 2:36 | 0:0 | No | 0 | No |
| | 6910-01-C05-2267 - Mat, Floor: Zebra Mats Z700 Remarks: | 400:36 | 0:0 | No | 0 | No |
| | 6910-01-C05-3780 - Interval Timer, High Intensity: Pit Ring Remarks: | 0:0 | 0:0 | No | 2 | No |
| | 7025-01-C11-4208 - Printer, Daisy Wheel/Dot Matrix/:2335DN MFP Dell Remarks: | 1:36 | 0:0 | No | 0 | No |
| | 7110-00-082-6112 - Filing Cabinet, Legal 4 Vertical/1 Horizontal Drawer Remarks: | 0:0 | 0:0 | No | 1 | No |
| | 7210-00-081-1417 - Sheet, Bed Cotton White Remarks: | 12:36 | 0:0 | No | 0 | No |
| | 7250-00-089-3827 - Can, Military Remarks: | 1:6 | 0:0 | No | 0 | No |
| | 7330-00-781-3859 - Jug, Insulated, 5 Gallon Remarks: | 6:36 | 0:0 | No | 0 | No |
| | 7510-01-131-8772 - Marking Pencil, Red Remarks: | 0:0 | 1:1 | No | 0 | Yes |
| | 7520-00-053-9580 - Pen, Ball-Point, Medium, Black Remarks: | 1:6 | 0:0 | No | 0 | Yes |
| | 7530-00-181-7174 - Paper, Copying, Xerographic Process, White, 8-1/2 X 11 Inch (DISCONTINUED-USE 7530-01- 335-2623) Remarks: | 1:36 | 0:0 | No | 0 | Yes |
| | 7730-01-C91-4112 - Television LED HDTV, 26LD350, LG Electronics U.S.A. | 1:36 | 0:0 | No | 0 | No |

Materials Required

Instructor Materials:

Lesson Plan, PowerPoint slides of content, Practical Exercise, Student Handouts as needed, visitor's folder, white board, dry erase markers, and references pertaining to this lesson plan.

Student Materials:

- 1. Every student must provide one serviceable mouth guard, three (3) complete sets of serviceable uniforms (ACU's), Two (2) complete set of PT's, one pair of hand wraps, students should bring groin protection, and are required to bring MICH, ACH, or Similar Helmet, Body Armor, Elbow and Knee Protection, Gloves, Eye Protection, and Camelback.
- 2. Lesson Plan, PowerPoint slides of content, Student Handouts as needed, and references.

Classroom, Training Area, and Range Requirements

| ID - Name | Quantity | Student Ratio | Setup Mins | Cleanup Mins |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|------------------|---------------|-----------------|
| 17136BEL3-36 CRXXIB-EL3: Classroom XXI Automation-Aided Instructional Building Advanced Technology-Enhanced Level 3, 36 Persons Remarks: Building 933 Main Post, Fort Benning GA 31905 | 1 | 0:0 | 0 | 0 |
| 17120-108630-36 General Instruction Building, 108630 Square Foot, 36 Persons Remarks: Building 933 Main Post Fort Benning GA | 1 | 0:0 | 0 | 0 |
| 85210-3700 Organizational Vehicle Parking, Paved, 3700 Square Yard Remarks: Parking used by Students, Instructors and Visitors. | 1 | 0:0 | 0 | 0 |

Ammunition Requirements

| DODIC - Name | Ехр | Student Ratio | Instruct Ratio | Spt Qty |
|--------------|-----|------------------|-------------------|------------|
| None | | | | |

Instructional Guidance/ Conduct of Lesson

NOTE: Before presenting this lesson, instructors must thoroughly prepare by studying this lesson and identified reference material.

NOTE: Before presenting this lesson, instructors must thoroughly prepare by studying this lesson and identified reference material. To prevent injuries, the instructor must consider the following safety precautions before conducting Combatives training:

- a. Supervise all practical work closely and constantly. Never leave a group unsupervised.
- b. Familiarize the Soldiers with each maneuver by a complete explanation and demonstration before they attempt the moves.
- c. Do not allow the Soldiers to get ahead of the instruction.
- d. Ensure the training partner offers resistance, but allows the maneuver to be freely executed during the learning stages and while perfecting the techniques.
- e. Ensure there is adequate space between Soldiers during practical work, for example, allow at least an 8-foot square for each pair of Soldiers.
- f. Ensure that Soldiers empty their pockets, and remove their jewelry, and identification tags before training.
- g. Stress that only simulated strikes to vital points, such as the head, neck, and groin areas are to be executed.
- h. Ensure that Soldiers understand the use of both physical tapping and verbal signals to indicate to the partner when to stop the pressure in grappling and choking techniques.
- i. Make sure Soldiers warm up and stretch properly before practical work.
- j. Teach and practice fall before conducting throws.
- k. Ensure that the Soldier to be disarmed does not place his finger in the trigger guard during rifle and bayonet disarming.
- I. Make sure Soldiers keep scabbards on knives and bayonet firmly attached to rifles while learning bayonet disarming methods.
- m. use bayonet scabbards or rubber knives during knife disarming training.

NOTE: Two demonstrators a (Tactical or Master Trainer) will perform the technique at combat speed, assistant instuctor must not allow student to get ahead.

NOTE: Instructors will immediately address any disrespectful behavior, unsportsmanlike conduct, or overly enthusiastic Soldiers during the practical exercises. While an increase in resistance creates more realistic training for the Soldiers, it can also lead to overly competitive displays of strength and frustration. Bruised egos, hurtful pride, and inexperience can all quickly become safety hazards in the classroom environment. To facilitate this, instructors should foster an environment of respect among Soldiers as well as exercise control while training.

NOTE: The most common injury in ground grappling occurs to the Soldier's ribs. The cause of these injuries is often improper transition from position to position. It must be stressed to students that while transitioning from one position to another, space between the Soldiers must be minimized. The Soldier moving to the dominant position must continually strive to stay tight to their training partner. Not only is this safer, but will preclude allowing space for the Soldier to escape the position.

General Lesson Guidance:

- 1. Two (Combative Master Trainers) or (Tactical Combative Instructor) will act as evaluators
- 2. The instructor will have the students to pair up and remove any object from their pockets and any jewerly.
- 3. Clarity any miss understanding before any evaluatio scenario begin.
- 4. Have on hand identified reference material linked to lesson plan.
- 5. Ensure all equipment listed for this lesson plan (LP) is present, operable, and set up for use before evaluation.
- 6. Encourage Students to relate their training experiences during evaluations.
- 7. Enforce safety throughout the evaluations
- 8. Control the activities using stop watches and whistles as necessary or a bell.

Instructor will utilize the current OE, CALL Lessons Learned/ OIL to draw interest and apply relevance during their Instructional Lead in and to solicit feedback/ draw upon Soldiers' experiences.

Instructor will implement approved Lessons Learned that affect existing lesson plans and programs of instruction without resource implications (resource growth). These changes can be made to lesson plans and POIs by way of redlining the documents and updating lesson plans in the TDC database. Recommended changes will be forwarded to the MCoE Training Directorate in order to affect changes/updates to the POI for submission to TOMA, G3 TRADOC. This phase is conducted by the Squadron and followed up by the Brigade L2I representative to verify

actions have been completed. For changes which require additional resources or growth, the Brigade will develop a rationale submission, and submit to DOTD to go through the MCoE resource approval process.

http://call.army.mil

This Lesson Supports the Course Outcome:

- 1. Demonstrate the ability to gain a dominant position.
- 2. Demonstrate the ability to finish the fight.
- 3. Apply Basic Combatives Techniques

This lesson supports the following General Learning Outcome:

- 1. Soldiers and Civilians proficient in leader attributes and competencies.
- 2. Soldier and Civilians proficient in character, competence, and commitment as trusted Army Professionals.
- 3. Soldier and Civilians demonstrate capacity in creative-critical thinking.
- 4. Soldier and Civilians demonstrate proficiency in communications skills.
- 5. Soldier and Civilians pursue Comprehensive Fitness/ Resiliency Skills and Performance Enhancement Skills.
- 6. Soldier and Civilians pursue Lifelong learning, self-assessment, and goal setting.
- 7. Soldier and Civilians are technically and tactically competent.

| Prop | onent | Lesson |
|------|-------|--------|
| Plan | Appro | vals |

| Name | Rank | Position | Date |
|---------------|---------------|----------|-------------|
| Mark Fariello | Not available | Approver | 30 Apr 2018 |

SECTION II. INTRODUCTION

Method of Instruction: ELM - Apply

Mode of Delivery: Resident Instruction
Instr Type (I:S Ratio): Military - ICH (1:12)

Time of Instruction: 10 mins

Motivator

Instructor will facilitate a brief Soldiers' discussion on the lesson plan motivator. A motivator can be in the form of a discussion, short demonstration, or video that should:

- 1. Provide relevance and significance to the lesson.
- 2. Gain Soldier's interest and focus the Soldier's on what they are to learn.
- 3. Explain why the Soldier's need to perform the learning objective and the consequences of nonperformance.
- 4. Explain the actual job or battlefield conditions that make mastering the terminal learning objective essential for the Soldiers.
- 5. Cadre will utilize OE, CALL Lesson Learned/OIL to draw interest and apply relevance.

Terminal Learning Objective

 $\begin{tabular}{ll} \textbf{NOTE.} & \textbf{Inform the students of the following Terminal Learning Objective requirements.} \end{tabular}$

At the completion of this lesson, you [the student] will:

| Action: | Apply Knowledge and skills |
|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Conditions: | In a combative training facility, wearing full ACU, combat equipment and proper protective equipment with mouth piece and approved 16 oz leather boxing gloves. |
| | NOTE: An approved training environment should provide 64sq ft of training area per buddy team. When training in-doors it is recommended not to wear footgear. When training outdoors it is recommended to wear footgear such as physical training shoes. |
| Standards: | At the completion of this lesson, you (the student) will have correctly demonstrated proficiency of the following Learning Step Activity (LSA)s. 1. Perform Option 3 Drill in accordance with the Option 3 Drill criterion evaluation. |

| | T |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| | 2. Perform successfully the Technical Evaluation in accordance with the criterion evaluation with 70% or better accuracy. |
| | Perform React to Contact Drill in accordance with the criterion evaluation. |
| | 4. Perform written examination in accordance with the test admininstrative guide. |
| Learning Domain - Level: | Psychomotor - Precision |
| No JPME Learning Areas Supported: | None |

Safety Requirements

Classroom:

- 1. Instructors will use the facility Standing Operation Procedure (SOP) to provide a safety brief as part of the introduction. Solders will react to any emergency situation In Accordance With (IAW) the facility SOP.
- 2. In the event of a fire, Soldiers will exit the classroom in an orderly manner (last one out closes the door); meet at the location the Primary Instructor has designated; class leader will hold an accountability formation and report his findings to Primary Instructor.
- 3. In the event of severe weather or tornado, Soldiers will exit the classroom in an orderly manner; move to the location the Primary Instructor has designated (basement or center of building); class leader will hold an accountability formation and report his findings to Primary Instructor.

Field:

- 1. Soldiers will be given a safety brief. Seasonal conditions affecting weather, daylight, and night will affect maneuver and Training.
- Risk assessment level will be determined by the Instructor in the field IAW applicable MCoE
 Policies and the approved DD Form 2977 (Deliberate Risk Assessment Worksheet) SEP 2014.
- 3. Senior Instructor will conduct a daily risk assessment IOT identify changed conditions.

Safety is of the utmost importance and will be adhered to at all times. Students will be given specifiy instructions for each scenario.

***WARNING: Apply chokes with slow steady pressure and release the chile when your training partner taps to avoid rendering your opponent unconscious during training. If your opponent does go unresponsive, release the choke and alert the instructor.

***WARNING: Apply joints locks with slow steady pressure and release the attacj when your training partner taps to avoid injuring your opponent during training.

a. Ensure all Soldier empty their pockets and remove their jewerly and identification tags before training.

- b. Make sure that all Soldiers warm up properly before practical work to prevent injury.
- c. Ensure that all Soldier understand physical and verbal tapping signals to indicate when to releaswe the training partner during grappling and chocking.
- d. Ensure that training partners offer some resistance, but allow maneuver to be freely executed to enhance the expected learning outcomes

Risk Assessment

Low - The operations officer, in cooperation with the principal instructor, will prepare a risk assessment using the before, during, and after checklist and the risk assessment matrixes contained in Risk Management FM 5-19

Assessment: None
Controls: None
Leader Actions: None

Environmental Considerations

NOTE: Instructor should conduct a risk assessment to include environmental considerations IAW the current environmental considerations publication, and ensure students are briefed on hazards and control measures.

NOTE: Instructor should conduct a Risk Assessment to include Environmental Considerations

IAW FM 3-34.5, Environmental Considerations {MCRP 4-11B}, and ensure students are briefed on hazards and control measures.

Instructional Lead-in

Instructor will facilitate a brief Soldiers' discussion on the lesson plan instructional lead-in. This statement should tie the TLO to previous learning or Soldiers' experiences and lead into the actual presentation.

- Describe the background of the lesson. This is a narrative description of the stage setting for the situation, scenario, or activity you are using to create a learning opportunity. In some cases this is linkages to earlier lessons or interactions.
- Describe the flow of events in big blocks (don't get too much detail yet). This should include such things as: introduction, problem/mission/task, practice, discussion, new problem, practice, discussion, review. The key here is to describe both the actions of the students and what the guide is doing.
- Activate Background Knowledge by questioning Soldiers on task being trained.
- 1. The instructor will verify the classrooms, ranges and/or training areas have been scheduled.
- 2. The instructor will ensure all training materials, equipment is available and operational. Ensure that there is adequate space between Soldiers during all practical work (i.e., allow at least an 8-square-foot training space for each Soldier).
- 3. The instructor will set-up the classroom, range and/or training area at a minimum of 30 minutes prior to the start of training.
- 4. Instructor will identify the technique to present and paraphrase the instructional lead-in.
- 5. Two demonstrators (Combatives Master Trainers or Tactical Combatives Instructor qualified)

will perform the technique at combat speed.

- 6. The instructor will then talk the demonstrators through the technique using the step-by-step method of instructions.
- 7. The instructor will then talk the students through the technique using the step-by-step method of instructions.
- 8. The instructor will have the student pairs "drill" the technique slowly, while observing the student pairs and illuminating any key points. Do not allow Soldiers to get ahead of the instruction.
- 9. As needed, the instructor will repeat steps three and four until students are proficient at the technique.

SECTION III. PRESENTATION

TLO - LSA 1. Learning Step / Activity TLO - LSA 1. Perform Option 3 Drill

> Method of Instruction: ELM - Apply Mode of Delivery: Resident Instruction Instr Type (I:S Ratio): Military - ICH (1:12)

Time of Instruction: 1 hr

Media Type: Unassigned Other Media: Unassigned

Security Classification: This course/lesson will present information that has a Security Classification of: U - Unclassified.

Students must achieve a "GO" by achieving either the Double Underhooks, the Modified Seatbelt, the Rear Clinch or the Wall Clinch from the following starting positions.:

1. HOOK WITH HEAD CONTROL

- a. Student does not quit by leaving the training area.
- b. Student doe not intentionally strike, or take the puncher to the ground.
- c. Student achieves the clinch within one(1) minute.

2. FRAME

- a. Student does not quit by leaving the training area.
- b. Student doe not intentionally strike, or take the puncher to the ground.
- c. Student achieves the clinch within one(1) minute.

3. POST

- a. Student does not quit by leaving the training area.
- b. Student doe not intentionally strike, or take the puncher to the ground.
- c. Student achieves the clinch within one(1) minute.

4. PROJECTILE WEAPONS RANGE

- a. Student does not guit by leaving the training area.
- b. Student doe not intentionally strike, or take the puncher to the ground.
- c. Student achieves the clinch within one(1) minute.

Check on Learning: Assess the Soldiers developing (skills/knowledge/situational

awareness) by observation, question and Soldier

explanations.

Review Summary: Facilitate brief discussion with students to determine if

lesson objectives/concepts have been covered.

TLO - LSA 2. Learning Step / Activity TLO - LSA 2. Perform Technical Evaluation

Method of Instruction: ELM - Apply Mode of Delivery: Resident Instruction Instr Type (I:S Ratio): Military - ICH (1:12)

Time of Instruction: 3 hrs Media Type: Unassigned Other Media: Unassigned

Security Classification: This course/lesson will present information that has a Security Classification of: U - Unclassified.

Refer to the Basic Combatives criterion for the Technical Evaluation.

- 1. POST: Student must pass 5 of the 7 performance steps.
- 2. FRAME: Student must pass 6 of the 8 performance steps.
- 3. HOOK and HEAD CONTROL: Student must pass 6 of the 8 performance steps.
- 4. DRILL#1: Students can miss no more than two (2) steps in each sub-section.
 - a. Arm Trap and Roll
 - b. Pass the Guard
 - c. Achieve the Mount from Side Control
- 5. DRILL#2: Students can miss no more than two (2) steps in each sub-section.
 - a. Arm Push and Roll to Rear Mount
 - b. Rear Naked Choke
 - c. Escape the Rear Mount
- 6. DRILL#3: Students can miss no more than two (2) steps in each sub-section.
 - a. Escape the Mount, Shrimp to Guard
 - b. Cross Collar Choke
 - c. Straight Arm Bar from the Guard
 - d. Sweep from Attempted Straight Arm Bar
- 7. MODIFIED SEATBELT: Student must pass 4 of the 4 performance steps.

Check on Learning: Assess the Soldiers developing (skills/knowledge/situational

awareness) by observation, question and Soldier

explanations.

Review Summary: Facilitate brief discussion with students to determine if

lesson objectives/concepts have been covered.

TLO - LSA 3. Learning Step / Activity TLO - LSA 3. Perform React to Contact Drill

> Method of Instruction: ELM - Apply Mode of Delivery: Resident Instruction

Instr Type (I:S Ratio): Military - ICH (1:12)

Time of Instruction: 1 hr

Media Type: Unassigned Other Media: Unassigned

Security Classification: This course/lesson will present information that has a Security Classification of: U - Unclassified.

Creates Space Option #1

Student creates space and effectively transitions to their primary weapon system with enough time and space to engage the combatant Option#1

Controls Range Option #2

Student controls the range between the combatants and aggressively use disruptive techniques or a secondary weapon, to hinder the combatant's attack. Student returns to their primary weapon system Option#2

Maintain Body Position Option#3 for at least five (5) seconds

Double Underhooks

Modified Seatbelt

Rear Clinch

Rear Mount

Mount

Side Control

The following are the "NO GO" criteria for React to Contact from either the Front or Rear position.

- 1. Student quits by exiting the training area.
- 2. Students stops actively attempting to gain control of the confrontation.
- 3. Student fails to maintain control of his/her weapon system.
- 4. Student creates excessively unsafe conditions within the limits of the training environment.

Check on Learning: Assess the Soldiers developing (skills/knowledge/situational

awareness) by observation, question and Soldier

explanations.

Review Summary: Facilitate brief discussion with students to determine if

lesson objectives/concepts have been covered.

SECTION IV. SUMMARY

| Method of Instruction: | Discussion (Small or Large Group) |
|------------------------|-----------------------------------|
| Mode of Delivery: | Resident Instruction |
| Instr Type(I:S Ratio): | Military - ICH (1:12) |
| Time of Instruction: | 10 mins |

Check on Learning

Assess the Soldiers developing (skills/knowledge/situational awareness) by observation, question and Soldier explanations.

Review/ Summary

Facilitate brief discussion with students to determine if lesson objectives/concepts have been covered.

SECTION V. STUDENT EVALUATION

Testing Requirements

- 1. This lesson plan will be informally assessed/evaluated during class using checks on learning such as questions and answers and a practical exercise that is performance based.
- 2. This lesson plan will be formally assessed/evaluated in (FRGAC001) in accordance with the Individual Student Assessment Plan (ISAP). See training schedule for time.
- 3. Evaluation determines whether a standard was met; success or failure
- 4. Assessment provides feedback on performance; Strengths, Areas of Improvement, and Insights
- 5. The material will be evaluated through hands on practical exercises. Each Soldoer are required to meet all safety requirments and demonstrate proficiency in techniques presented through out the course to receive a "GO". If a Soldier fails to meet the standards during evaluation they will be retrained and retested in compliance with the Individual Student Assessment Plan (ISAP).

Feedback Requirements

Feedback is essential to effective learning. Instructor will give formative verbal feedback to students throughout the lesson. Schedule and provide feedback on the assessment/evaluation and any information to help answer Soldiers questions about the training exercise.

Appendix A - Viewgraph Masters

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| Sequence | Media Name | Media Type |
|----------|------------|------------|
| None | | |

Appendix B - Assessment Statement and Assessment Plan

Assessment Statement: None.

Assessment Plan: None.

Appendix C - Practical Exercises and Solutions

PRACTICAL EXERCISE(S)/SOLUTION(S) FOR LESSON 071-FRGAC001 Version 02.0 ©

Appendix D - Student Handouts

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| Sequence | Media Name | Media Type |
|----------|------------|------------|
| None | | |